



Red Eagle Martial Arts Safeguarding Policy

Safeguarding Adult Policy and Procedures

1. Commitment to Safeguarding

Red Eagle Martial Arts ("REMA") is committed to Safeguarding Adults in line with national legislation and relevant national and local guidelines.

We will safeguard adults by ensuring that our activities are delivered in a way which keeps all adults safe.

REMA is committed to creating a culture of zero-tolerance of harm to adults which necessitates: the recognition of adults who may be at risk and the circumstances which may increase risk; knowing how adult abuse, exploitation or neglect manifests itself; and being willing to report safeguarding concerns.

This extends to recognising and reporting harm experienced anywhere, including within our activities, within other organised community or voluntary activities, in the community, in the person's own home and in any care setting.

REMA is committed to best safeguarding practice and to uphold the rights of all adults to live a life free from harm from abuse, exploitation and neglect.



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2. Purpose

The purpose of this policy is to demonstrate the commitment of REMA to safeguarding adults and to ensure that everyone involved in REMA is aware of:

- The legislation, policy and procedures for safeguarding adults.
- Their role and responsibility for safeguarding adults.
- What to do or who to speak to if they have a concern relating to the welfare or wellbeing of an adult within the organisation.

The policy and procedures will be widely promoted and are mandatory for everyone involved in REMA. Failure to comply with the policy and procedures will be addressed without delay and may ultimately result in dismissal/exclusion from the organisation.

3. Relevant Legislation & Statutory Guidance

- Human Rights Act 1998
- Domestic Abuse Act 2021
- The Code of Practice for Victims of Crime 2021



- Modern Slavery Act 2015
- Sexual Offences Act 2003 (To include Section 22A – the expansion of Positions of Trust to include sports coaches)
- Data Protection Act 2018
- General Date Protection Regulations 2018

4. Definition of an Adult at Risk

As defined in the England Care Act (2014), an **adult at risk** is an individual aged 18 years and over who:

- has needs for care and support (whether or not the local authority is meeting any of those needs) AND;
- is experiencing, or at risk of, abuse or neglect, AND;
- as a result of those care and support needs is unable to protect themselves from either the risk of, or the experience of abuse or neglect.

5. Types of Abuse and Neglect

The Safeguarding Adults Legislation in England (Care Act 2014) defines categories of adult abuse and harm as follows

- Physical
- Sexual
- Emotional/Psychological/Mental
- Neglect and acts of Omission
- Financial or material abuse
- Discriminatory
- Organisational / Institutional
- Self-neglect
- Domestic Abuse (including coercive control)
- Modern slavery



6. Signs and Indicators of Abuse and Neglect

An adult may confide to a member of staff, coach, volunteer or another participant that they are experiencing abuse inside or outside of the organisation's setting. Similarly, others may suspect that this is the case.

There are many signs and indicators that may suggest someone is being abused or neglected. There may be other explanations, but they should not be ignored. The signs and symptoms include but are not limited to:

- Unexplained bruises or injuries – or lack of medical attention when an injury is present.
- Person has belongings or money going missing.
- Person is not attending / no longer enjoying their sessions. You may notice that a participant in a team has been missing from practice sessions and is not responding to reminders from team members or coaches.
- Someone losing or gaining weight / an unkempt appearance. This could be a player whose appearance becomes unkempt, does not wear suitable sports kit and there is a deterioration in hygiene.
- A change in the behaviour or confidence of a person. For example, a participant may be looking quiet and withdrawn when their sibling comes to collect them from sessions in contrast to their personal assistant whom they greet with a smile.
- Self-harm.
- A fear of a particular group of people or individual.
- A parent/carer always speaks for the person and doesn't allow them to make their own choices
- They may tell you / another person they are being abused – i.e. a disclosure



7. What to do if you have a concern or someone raises concerns with you

Red Eagle Martial Arts has a Designated Safeguarding Lead (DSL):

Name: Nicola Sinclair
Email: [redeaglema@gmail.com](mailto:redaglema@gmail.com)
Phone: 07866 57134



All safeguarding concerns and poor practice occurrences, except if the issue concerns those individuals, **must** be reported to the DSL. This includes issues raised concerning the activities of instructors or volunteers or, where there are concerns outside of REMA (for example at home, work or in the wider community). Where there is an allegation against an instructor or volunteer who works at REMA, the DSL must report the matter to

Name: Gloucestershire County Council (Adult Helpdesk / Advice Helpline)
Email: socialcare.enq@gloucestershire.gov.uk
Phone: 01452 426868

Or

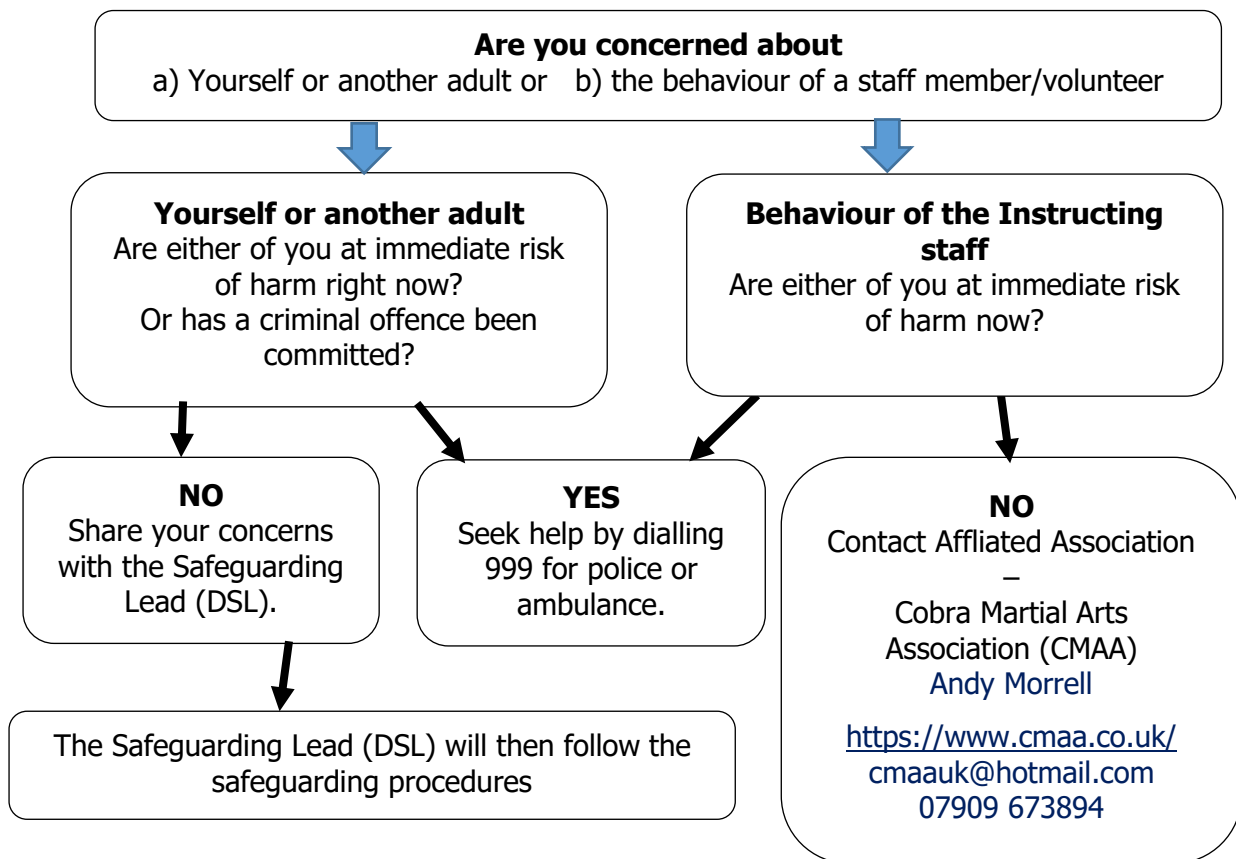
CMAA Designated Safeguarding Lead: Andy Morrell

Web: <https://www.cmaa.co.uk/>
E-Mail: cmaauk@hotmail.com
Phone: 07909 673894



8. Raising and Managing a Concern

Safeguarding Adult Flowchart



Supporting the adult through the process

The Safeguarding Lead (DSL) should:

- Speak with the adult concerned
- Determine the wishes of the adult concerned to ensure the process is person led and outcome focused.
- Seek external guidance and advice as appropriate
- Offer support and information for the adult concerned to make informed choices.
- Put measures in place to keep the adult safe during the activity (if appropriate)
- Ask for consent to report the concern to statutory agencies if appropriate.
- Keep the adult informed and involved throughout the process



9. Codes of Conduct and Ethics

The Codes of Conduct and ethics for all those involved at REMA can be found as a separate guidance sheet. It is essential these are followed in so the highest possible standards of behaviour and conduct in Martial Arts activities are maintained. The principles must be adhered to at all times so that Martial Arts can be enjoyed by all. All staff involved at REMA will show their understanding and commitment to the Codes of Conduct and ethics by signing a copy of the relevant guidance sheet.

10. Whistleblowing

It's important that people within REMA have the confidence to come forward to speak or act if they're unhappy with anything.

Whistleblowing occurs when a person raises a concern about dangerous or illegal activity, or any wrongdoing within their sports organisation.

- Name: Gloucestershire County Council (Adult Helpdesk / Advice Helpline)
- Email: socialcare.enq@gloucestershire.gov.uk
- Telephone: 01452 426868

11. Complaints

In order to ensure we develop an open culture where children and staff feel able to express any concerns, we have a procedure for dealing with complaints from a child, worker, volunteer, parent or carer. You can access the relevant policy by viewing our Policies and Procedures document which is available on our [website](#).

12. Other organisational procedures

REMA's other policies and procedures are available, please ask for copies or view our Policies and Procedures document on our [website](#).



- Complaints and grievance procedures
- Health and Safety policy
- Children's Safeguarding Policy
- Safe Practice Policy
- Codes of Conduct

13. Useful contacts

REMA's Designated Safeguarding Lead

- Name: Nicola Sinclair
- Email: [redeaglema@gmail.com](mailto:redaglema@gmail.com)
- Telephone: 07866 571345

Local Authority Safeguarding Lead

- Name: Gloucestershire County Council (Adult Helpdesk / Advice Helpline)
- Email: socialcare.enq@gloucestershire.gov.uk
- Telephone: 01452 426868

Cobra Martial Arts Association

- Name: Andy Morrell
- Email: cmaauk@hotmail.com
- Telephone: 07909 673894

Action on Elder Abuse

A national organisation based in London. It aims to prevent the abuse of older people by raising awareness, encouraging education, promoting research and collecting and disseminating information.

- Tel: 020 8765 7000
- Email: enquiries@elderabuse.org.uk
- www.elderabuse.org.uk



Ann Craft Trust

A national organisation providing information and advice about adult safeguarding. The Ann Craft Trust has a specialist Safeguarding Adults in Sport and Activity team to support the sector

- Tel: 0115 951 5400
- Email: Ann-Craft-Trust@nottingham.ac.uk
- www.anncrafttrust.org

Men's Advice Line

For male domestic abuse survivors

- Tel: 0808 801 0327

National LGBT+ Domestic Abuse Helpline

- Tel: 0800 999 5428

National 24Hour Freephone Domestic Abuse Helplines

- [England](#)
- Tel: 0808 2000 247
- www.nationaldahelpline.org.uk/Contact-us

Rape Crisis Federation of England and Wales

Rape Crisis was launched in 1996 and exists to provide a range of facilities and resources to enable the continuance and development of Rape Crisis Groups throughout Wales and England.

- Email: info@rapecrisis.co.uk
- www.rapecrisis.co.uk

Respond

Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities, and training and support to those working with them.

- Tel: 020 7383 0700 or
- 0808 808 0700 (Helpline)
- Email: services@respond.org.uk



- www.respond.org.uk

Stop Hate Crime

Works to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

- 24 hours service:
- Telephone: 0800 138 1625
- Web Chat: www.stophateuk.org/talk-to-us/
- E mail: talk@stophateuk.org
- Text: 07717 989 025
- Text relay: 18001 0800 138 1625
- By post: PO Box 851, Leeds LS1 9QS

Susy Lamplugh Trust

The Trust is a leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms – physical, verbal and psychological.

- Tel: 020 83921839
- Email: info@suzylamplugh.org
- www.suzylamplugh.org

Victim Support

Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.

- Tel: 0808 168 9111
- www.victimsupport.com

Women's Aid Federation of England and Wales

Women's Aid is a national domestic violence charity. It also runs a domestic violence online help service.

- www.womensaid.org.uk/information-support